

# WOODBIDGE HIGH SCHOOL



## SEX AND RELATIONSHIPS EDUCATION (SRE) POLICY

Sex and Relationships Education (SRE) at Woodbridge covers three areas. Firstly, to develop students' knowledge and understanding of key issues such as consent, human sexuality, sexual health and consequences as well as opening discussion for reasons to wait and advice on where to go for help. Secondly, our SRE provision aims to help develop personal and social skills in areas such as managing emotions, relationships and even conflict. We promote self-respect and empathy for others and a conviction to be able to make decisions without the prejudice of others. Students are also taught how to recognise and avoid exploitation and abuse. Thirdly, our SRE lessons explore different beliefs and values; students discuss the importance of different values such as respect, love and care, individual conscience, the importance of relationships and moral dilemmas.

### **Aims of Sex and Relationships Education**

It is important young people are given accurate, reliable and appropriate information about sex and relationships. They should be equipped with the skills to make appropriate use of the range of information available to them in the wider world and on the internet and shown how to use this to make appropriate informed choices about sex and relationships. Topics such as marriage, civil partnerships, stable relationships, sexual orientation, child exploitation, parenting skills, sexually transmitted infections and high-risk behaviour, HIV and contraception are covered in the Life Studies programme. This should happen in a supportive environment and both at home and at school are the best places for this education to occur.

In our programme of work we aim:

- To encourage personal responsibilities in all forms of behaviour
- To encourage self-esteem
- To encourage respect and consideration for oneself and for others
- To help pupils deal with difficult moral and social questions through their physical, emotional and moral development
- To provide support and information for young people and their parents

**Policy Reviewer: Ms A Année (Assistant Headteacher)**

**Approved by the Curriculum & Standards Committee on 24<sup>th</sup> January 2018**

**Date of Next Review: Spring term 2021**