

EXPLODED ALLERGEN MATRICES



This document includes the allergen information for our Autumn 2026 secondary lunch menu. Due to local variations on menus, there may be dishes in this report that are not available. Please refer to the school's lunch menu for available dishes.

We rely on information provided by our suppliers and manufacturers which is updated in our systems daily. The information within this document was accurate at the time of printing on -

08/04

Our exploded allergen information lists every ingredient in a dish and highlights exactly where any of the 14 main allergens appear, so you can make informed choices with confidence.



IFG

KEY

YES = contains

M = may contain

X = does not contain

[illegible]

[illegible]

[illegible]

[illegible]

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Topping - Vegetarian Harissa Spiced Grilled Cheese Veg K	1003248	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Paneer Cheese 900g	2375	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Red PK 1x10kg	2352	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Green Peppers BB 1x1kg	2793	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spicentice Harissa Rub 1x180g	2585	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Chickpea & Coriander Falafel 1003250 (Yield 10	1003250	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	YES	X
Sysco Classic Falafel Mix 1kg	2651	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	YES	X
Sauce - Yogurt & Mint Sauce 1003233 (Yield 10ptn/s)	1003233	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Lion Yoghurt & Mint Dressing 1x2.27ltr	2754	X	X	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Sticky Mango Sauce 1003231 (Yield 10ptn/s)	1003231	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	M	X
KTC Mango Chutney Bucket	2676	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	M	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Coriander Bunched BB 1x100g	2578	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sauce - Sweet Chilli 1003232 (Yield 10ptn/s)	1003232	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Pan Asia Sweet Chilli Dipping Sce 1x1ltr	2590	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Mac My Day																													
Mac My Day - Crunchy Topped Macaroni Cheese 1003280	1003280	YES	YES	X	X	X	X	X	X	X	X	X	M	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Plain Flour 1x3kg	2346	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Mature White Cheddar min 4.75kg	2388	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Straight Macaroni 5kg	2780	YES	YES	X	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Semi Skimmed Milk (Green) 1x2.27ltr	2600	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes English Mustard 1x2.27ltr	2602	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Cracked Black Pepper 425g	2693	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Panko Breadcrumbs 1x3.5kg	2626	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Herb Curly Parsley Bunched BB 1x250g	2631	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Mac My Day - Vegan Macaroni Cheese 1003281 (Yield 20	1003281	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Plain Flour 1x3kg	2346	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes English Mustard 1x2.27ltr	2602	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X

[illegible]

	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	
Recipe Name																														
Sysco Classic Mixed Herbs 1x130g	1003059	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Sysco Essential Garden Peas 1 x2.5kg	1005374	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Chillies Red BB 1x250g	2634	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Garlic Loose BB 1x500g	2702	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Herb Coriander Bunched BB 1x100g	2578	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
50/50 Rice 4861 (Yield 50ptn/s) *	4861	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Sysco Classic Cajun Seasoning 1x500g	1003013	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Nandos Concept Vegan Perinaise Slaw 1009727 (Yield 20x125g)	1009727	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	
Cabbage Savoy BBEach	2370	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Onions Red PK 1x10kg	2352	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Sysco Lemon Juice 1x1ltr	2489	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	
Sysco Classic Vegan Mayonnaise 1x1ltr	2589	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Sysco Classic Piri Piri Seasoning 1x500g	2694	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Nandos Concept - Hot Peri Peri Chicken 1009916 (Yield 20x125g)	1009916	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Chicken Drumsticks Skin on 20x125g	2604	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Sysco Classic Piri Piri Seasoning 1x500g	2694	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Nandos Concept - Hot Peri Peri Chicken Halal 1009965 (Yield 20x125g)	1009965	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Chicken Drumsticks Raw Halal Uncal 1000247	1000247	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Sysco Classic Piri Piri Seasoning 1x500g	2694	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Nandos Concept - Lemon & Herb Chicken 1009918 (Yield 20x125g)	1009918	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	
Pm Brit Chicken Dcd Leg Meat Rt 1X2.5Kg	4059	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Royal Crown Chick Peas in Water 1x2.5kg	189	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Peppers Red BB 1x1kg	2791	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	

[illegible]

[illegible]

[illegible]

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Coriander 1x400g	1003047	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Halal Chicken Thighs Boneless Skinless (KG)	2395	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Topping - Halal Corn Fried Chicken 1003271 (Yield 20ptn)	1003271	YES	YES	X	X	X	YES	X	X	X	X	X	YES	YES	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Semi Skimmed Milk (Green) 1x2.27ltr	2600	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Corn Flakes 8x500g	2843	YES	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Plain Flour 1x16kg	1008184	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ground Cumin 1x400g	1003049	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Coriander 1x400g	1003047	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Halal Chicken Thighs Boneless Skinless (KG)	2395	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Topping - Chipotle Pulled Beef 1003272 (Yield 35ptn/s)	1003272	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Beef Brisket (1 x 4-7 kg) ORDER NUMBER OF	1001220	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spicentice Chipotle Rub 1x225g	2614	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dark Brown Soft Sugar 1x3kg	2831	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Halal Chipotle Pulled Beef 1003273 (Yield 35ptn/s)	1003273	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Halal Beef Brisket Flat UK (1 x 4-7 kg) ORDER NUMBER OF	1001219	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spicentice Chipotle Rub 1x225g	2614	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dark Brown Soft Sugar 1x3kg	2831	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Cajun Quorn Dippers 1003275 (Yield 10ptn/s)	1003275	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Quorn Vegan Dippers 1x2kg	10935	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Cajun Seasoning 1x500g	1003013	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X									

[illegible]

	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Recipe Name																													
Sysco Classic Mild Chilli Powder 1x500g	2691	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Chopped Tomatoes in Juice 1x 2.5kg	2551	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Tomato Paste 1x800g (KC1)	3062	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Royal Crown Chick Peas in Water 1x2.5kg	189	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Halal Chicken Curry 1003147 (Yield 50ptn/s)	1003147	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Halal Chicken Diced Thigh Meat 2x5Kg	2436	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Garlic Prepared Peeled BB 1x1kg	2360	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Ginger BB 300g	2797	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chillies Green BB 1x250g	2632	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Garam Masala 1x405g	1003043	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Std Curry Powder 1x500g	2690	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Cinnamon 1x450g	2668	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Mild Chilli Powder 1x500g	2691	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Chopped Tomatoes in Juice 1x 2.5kg	2551	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Tomato Paste 1x800g (KC1)	3062	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Royal Crown Chick Peas in Water 1x2.5kg	189	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Sausage & BBQ Bean 1003148 (Yield 40ptn/s)	1003148	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	YES	X
Baked Beans 1x2.62kg (KC3)	2382	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N GG British Raw Gluten Free Pork Sausage 1x4.54kg.	1027556	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Topping - Halal Sausage & BBQ Bean 1003149 (Yield 40ptn/s)	1003149	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	YES	X
Baked Beans 1x2.62kg (KC3)	2382	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Halal Brit Chicken Sausage 8's 1x4.54kg	2705	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Sysco BBQ Sauce 1x2.15ltr	2883	YES	YES	X	X	X	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X
Topping - Vegan Chilli non-Carne 1003151 (Yield 100ptn/s)	1003151	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Eat Curious Dehydrated Mince 1x1Kg	1001820	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Tomato Paste 1x800g (KC1)	3062	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Garlic Prepared Peeled BB 1x1kg	2360	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Chopped Tomatoes in Juice 1x 2.5kg	2551	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Mild Chilli Powder 1x500g	2691	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

[illegible]

[illegible]

	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Recipe Name																													
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Wok Pot Halal Sweet Chilli Chicken 1003236 (S) (Yield 1p	1003236	YES	YES	X	X	X	X	X	X	X	X	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Topping - Halal Sweet Chilli Chicken 1003138 (Yield 10p	1003138	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Wok Pot - Vegetable Noodles 1003220 (S) (Yield 1ptn/s)	1003220	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Wok Pot - Egg Fried Rice 1003221 (S) (Yield 1ptn/s) *	1003221	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Wok Pot Garnish Combo 1003249 (S) (Yield 1ptr	1003249	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Wok Pot Halal Terriyaki Style Beef 1003238 (S) (Yield 1ptr	1003238	YES	YES	X	X	X	X	X	X	X	X	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Topping - Halal Terriyaki Style Beef 1003137 (Yield 50p	1003137	YES	YES	X	X	X	X	X	X	X	X	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Wok Pot - Vegetable Noodles 1003220 (S) (Yield 1ptn/s)	1003220	YES	YES	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Wok Pot - Egg Fried Rice 1003221 (S) (Yield 1ptn/s) *	1003221	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Wok Pot Garnish Combo 1003249 (S) (Yield 1ptr	1003249	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Crispy Fried Onions 1003243 (S) (Yield 1ptn/s)	1003243	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Crispy Fried Onions 1003140 (Yield 10ptn/s) *	1003140	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Chilli & Coriander Garnish 1003245 (S) (Yield 1ptr	1003245	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Chilli & Coriander Garnish 1003141 (Yield 10p	1003141	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Spring Onion Garnish 1003247 (S) (Yield 1ptn/s)	1003247	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Spring Onion Garnish 1003142 (Yield 10ptn/s) *	1003142	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Wok Pot Garnish Combo 1003249 (S) (Yield 1ptn)	1003249	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extras - Wok Pot Garnish Combo 1003143 (Yield 30ptn/	1003143	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Topping - Vegan Char Sui Tofu 1003139 (Yield 14ptn/s)	1003139	YES	YES	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Tofoof Co Organic Smoked Tofu	1003019	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Large PK 1x20kg	2607	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Chinese Five Spice 1x405g	1003015	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground White Pepper 1x525g	1003057	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Green Peppers BB 1x1kg	2793	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Kikkoman Soy Sauce 1x1Ltr	2592	YES	YES	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Hoi Sin Sauce 1x1.3kg	2680	YES	YES	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X
Dark Brown Soft Sugar 1x3kg	2831	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X