

Innovate



DON'T MISS OUT ON **FREE** SCHOOL LUNCHES EVERY DAY!

Innovate provide delicious, nutritious meals every day in your school. Our chefs cook everything fresh each day with a huge choice at break and lunch.

Amazing food with loads of choice and an exciting modern twist is what we're all about. Don't just take our word for it, have a look at the sample menu overleaf!

FREE SCHOOL MEALS - WHY YOU SHOULD USE IT

Free school meal funding can bring over £400 a year of fantastic fresh food.

If your child is entitled to Free School Meals, the allowance means that they can choose one of our **GREAT MEAL DEALS** at breaktime or lunchtime. This will be completely **FREE OF CHARGE** up to the free meal allowance with no extra to pay. We only ask that their choices consist of a balanced meal.

Confidentiality is ensured as the allowance is automatically loaded onto your child's account. They then use their balance in same way as all our customers with their card or the biometric system. You can also add extra money on to their account, if you wish, which does not impact on the funding at all.

IF YOU'RE ELIGIBLE, DON'T MISS OUT! IT'S A COMPLETELY **SAFE AND DISCREET WAY FOR YOUR CHILD TO ENJOY A **DELICIOUS** LUNCH EVERYDAY**

To find out if you are entitled then visit www.gov.uk/apply-free-school-meals



SO MUCH CHOICE



You can **choose from a great range** from modern and traditional main meals from roasts and curries to international street foods with stir fries, noodles pastas, burritos and wraps all made from fresh ingredients every day. There's a great selection of vegetarian and vegan meals plus a tempting salad bar and hearty fresh soups.

You can choose from our wide range of fresh, tasty meal deals up to the free school meal allowance at break or lunch **free of charge.**

All we ask is that they are nutritionally balanced **e.g., Main meal and dessert, hot wrap and flapjack or a baguette and a drink.**



OUR MENU



CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Fragrant Chicken Tagine with Jewelled Lemon Couscous

TUESDAY

Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread

WEDNESDAY

Salt & Pepper Roast Chicken, Crisp Roasties, Roasted Root Vegetables & House Gravy

THURSDAY

Chicken Tikka Masala, Wholegrain & White Rice, Kachumber Salad & Mango Chutney

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Harissa Roasted Sweet Potato & Chickpea Tagine with Jewelled Lemon Couscous (VE)

TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

WEDNESDAY

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetables (V)

THURSDAY

Goan Potato & Spinach Curry, Wholegrain & White Rice, Kachumber Salad & Mango Chutney (VE)

FRIDAY

Roasted Provencale Vegetable & Feta Pasty with Chips & Peas (V)

DESSERTS

MONDAY

Berry & Apple Crumble with Custard

TUESDAY

Sticky Toffee Pudding with Butterscotch Sauce

WEDNESDAY

Pear & Cocoa Sponge with Custard

THURSDAY

Apple & Chocolate Pinwheel

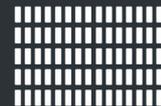
FRIDAY

Manager's Special

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)

TUESDAY

Greek Souvlaki Chicken

WEDNESDAY

Korean Crispy Fried Chicken

THURSDAY

Mei Goreng Indonesian Fried Noodles (V)

FRIDAY

Manager's Street Vibes Special

NATURALLY



MONDAY

Sweet Chilli Glazed Vegan Bites (VE)

TUESDAY

The Big Plant Burger (VE)

WEDNESDAY

Vegetable Gyozas in a Chilli & Ginger Broth (V)

THURSDAY

Lentil Buddha Bowl (VE)

FRIDAY

Vegan Bean & Jalapeno Burrito (VE)

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Manager's Special

WEDNESDAY

Mozzarella & Tomato or Spicy Sausage, Cheese & Tomato Pizza

THURSDAY

Manager's Special

FRIDAY

Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

