

WEEK COMMENCING
01/04/2024 22/04/2024 13/05/2024 03/06/2024 24/06/2024 15/07/2024

BREAK & LUNCH TIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

POWER BITES

Jollof Rice R08965	French Bread Pizza R08804	Hoisin Noodles R08835	Smoked Sausage & Bean Pasta R08801/ R08828	Manager's Special
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SOUP

Chef's Homemade Soup	Roasted Tomato & Basil R02634	Chef's Homemade Soup	Carrot & Cumin Soup R09064	Chef's Homemade Soup
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HOT BLUE DOT

Daily Special Blue Dot, Choose 1 from the PVR	Daily Special Blue Dot, Choose 1 from the PVR	Daily Special Blue Dot, Choose 1 from the PVR	Daily Special Blue Dot, Choose 1 from the PVR	Daily Special Blue Dot, Choose 1 from the PVR
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NATURALLY HOT

Chilli & Lime Glazed Tofu Skewer with Tomato Rice R09070	Vegan Singapore Noodles R05732	Jerk Jackfruit Open Wrap R09069	Pakistani Tarka Dhal R09083	Manager's Special
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FROM THE OVEN - BREAK ONLY

Mozzarella & Tomato Pizza Ham, Cheese & Tomato Pizza R07564/ R07565/ R01929/ R01933/ R07568/ R01964	Southern Style Chicken Wings R09078 / R09099	Mozzarella & Tomato Pizza Pepperoni, Cheese & Tomato Pizza R07564/ R07566/ R01929/ R01930/ R07569/ R05906	Indian Appetizer Pot R09077	Mozzarella & Tomato Pizza BBQ Chicken Pizza R07564/ R07567/ R01929/ R09165/ R09166
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MEAT AND VEGETABLE PANINIS – MINIMUM OF 1 FLAVOUR FOR BREAK & LUNCH

Pizza Melt or Just Cheese R09067/ R09068/ R09136/ R09137 and Chicken Tikka or BBQ Pepperoni R09144/ R09146/ R06212/ R06219/ R09147/ R09143	Pizza Melt or Just Cheese R09067/ R09068/ R09136/ R09137 and BBQ Bean or BBQ Sausage R05652/ R09157/ R09158/ R09159/ R09160/ R09161	Pizza Melt or Just Cheese R09067/ R09068/ R09136/ R09137 and Ham & Cheese or Vegan Roast Vegetable R01852/ R09148/ R09155/ R09156/ R09149	Pizza Melt or Just Cheese R09067/R09068/R09136/ R09137 and Pepperoni or BBQ Chicken R09138/ R09141/ R09151/ R09152/ R09139/ R09153	Pizza Melt or Just Cheese R09067/ R09068/ R09136/ R09137 and Manager's Special
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FIRM FAVOURITES – MINIMUM OF 2 DAILY CHOSEN FROM THE PVR

WEEK COMMENCING
01/04/2024 22/04/202413/05/2024 03/06/2024 24/06/2024 15/07/2024

LUNCHTIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Buffalo Chicken with Smoked Paprika Wedges and Cajun Corn R08952 / R08987	Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread R08954 / R09112	Honey Glazed Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Veg and House Gravy R08939 / R09107	Chicken Massaman Curry, Wholegrain & White Rice with Pineapple, Lime & Cucumber Salsa R08955 / R08984	Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce. R06316/ R06317/ R07677/ R07674/ R07679
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MAIN COURSE VEGETARIAN

Bang Bang Cauliflower with Smoked Paprika Wedges and Cajun Corn R08986	Vegetable & Mixed Bean Lasagne, Garden Salad & Garlic Bread R08957	Leek & Spinach Wellington, Crisp Roasties, Seasonal Veg and House Gravy R08958	Pea and Halloumi Fritters, Wholegrain & White Rice with Pineapple, Lime & Cucumber Salsa R08959	Vegan Onion Bhaji Burger, Slaw, Chips & Peas R07521
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DESSERT OF THE DAY

Chocolate Sponge & Chocolate Sauce R07484	Apple Strudel & Custard R08910	Peach Kuchen R08891	Pear & Cocoa Sponge R08902	Manager's Special
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STREET VIBES – LUNCH ONLY

Buffalo Cauliflower Wings on Salt & Pepper Wedges R08072	Garlic & Lemon Chicken Gyros R08607 / R08830	Chicken Yakitori with Rice R08599 / R08832	Loaded Potato Skins R08606 / R09296	Manager's Special
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HOT PASTA POT – BREAK & LUNCH

Tomato & Basil Pasta Pot R06279 / R06280	Creamy Pesto Pasta Pot R08997/ R08999	Tomato & Basil Pasta Pot R06279 / R06280	Pasta in Cheese Sauce R06286 / R06287	Tomato & Basil Pasta Pot R06279 / R06280
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WEEK COMMENCING

08/04/2024 29/04/2024 20/05/2024 10/06/2024 01/07/2024 22/07/2024

BREAK & LUNCH TIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

POWER BITES

Indian Spiced Mushroom
Rice
R08554

French Bread Pepperoni
Pizza
R08841

Sesame Noodles
R08809

Pasta with Cheese Sauce
R08802

Manager's Special

SOUP

Chef's Homemade Soup

Leek & Potato
R07526

Chef's Homemade Soup

Smokey Chilli & Tomato
R09066

Chef's Homemade Soup

HOT BLUE DOT

Daily Special Blue Dot,
Choose 1 from the PVR

Daily Special Blue Dot,
Choose 1 from the PVR

Daily Special Blue Dot,
Choose 1 from the PVR

Daily Special Blue Dot,
Choose 1 from the PVR

Daily Special Blue Dot,
Choose 1 from the PVR

NATURALLY HOT

Reggae Reggae Jackfruit
Curry
R09074

Spiced Paneer & Red Onion
Naan
R07694

Vegan Ramen Bowl
R09071

The Big Plant Burger
R06220

Manager's Special

FROM THE OVEN - BREAK ONLY

Mozzarella & Tomato Pizza
Ham, Cheese & Tomato
Pizza
R07564/ R07565/ R07568/
R01929 / R01933/ R01964

Korean BBQ Chicken Wings
R09096 / R09105

Mozzarella & Tomato Pizza
Pepperoni, Cheese & Tomato
Pizza
R07564/ R07566/ R07569/
R01929 / R01930/ R05906

Indian Appetizer Pot
R09077

Mozzarella & Tomato Pizza
BBQ Chicken Pizza
R07564/ R07567/ R01929 /
R09165/ R09166

MEAT AND VEGETABLE PANINIS – MINIMUM OF 1 FLAVOUR FOR BREAK & LUNCH

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Pepperoni or BBQ Chicken
R09138/ R09141/ R09139/
R09140/ R09151/ R09153/
R09152

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Vegan BBQ Sausage or
Chicken Tikka
R09162/ R09163/ R09144/
R09146/ R09147

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
BBQ Bean or Ham & Cheese
R05652/ R09157/ R09148/
R01852/ R09149/ R09150

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
BBQ Pepperoni or Vegan
Roast Vegetable
R06212/ R06219/ R09143/
R09142/ R09155/ R09156

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Manager's Special

FIRM FAVOURITES – MINIMUM OF 2 DAILY CHOSEN FROM THE PVR

WEEK COMMENCING

08/04/2024 29/04/2024 20/05/2024 10/06/2024 01/07/2024 22/07/2024

LUNCHTIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Traditional Sausage &
Mash with Onion Gravy
R08904 / R07555

Creamy Garlic Chicken &
Mushroom Pasta with
Garden Salad
R08976 / R09244

Roast Breast of Turkey ,
Crisp Roasties, Seasonal
veg and House Gravy
R08937 / R09109

Smokey Beef Chilli Con
Carne with Rice, Nachos
and Corn
R06306 / R09113

Chip Shop "Fryday" Fish,
Pizza or Fishcake &
Chips with Peas and
Tartare Sauce.
R06316/ R06317/
R07677/ R07674/
R07679

MAIN COURSE VEGETARIAN

Vegan Sausage & Mash
with Onion Gravy
R08906

Gnocchi with Roasted
Vegetables in a Tomato &
Basil Sauce
R08961

Open Harissa
Roasted Squash &
Feta pie, Seasonal Veg
or Salad
R08962

Smokey Plant Based
Chilli with Rice, Nachos
and Corn
R06307

Vegan Falafel Burger,
Naked Slaw, Mango
Chutney, Chips & Peas
R07420

DESSERT OF THE DAY

Apple Pie & Custard
R07617

Peach & Pineapple
Crumble
R08913

Sticky Coconut & Jam
Pudding
R08914

Baked Churros with
Chocolate Sauce
R08076

Manager's Special

STREET VIBES – LUNCH ONLY

Caramelised Onion &
Mozzarella Poutine
R08940

Gochujang Chicken and
Sesame Rice Pot
R08893 / R08995

Mei Goreng Indonesian
Fried Noodles
R08833

Korean Fried Crispy
Chicken
R08044 / R08107

Manager's Special

HOT PASTA POT – BREAK & LUNCH

Tomato & Basil Pasta Pot
R06279 / R06280

Creamy Pesto Pasta Pot
R08997/ R08999

Tomato & Basil Pasta Pot
R06279 / R06280

Pasta in Cheese Sauce
R06286 / R06287

Tomato & Basil Pasta Pot
R06279 / R06280

WEEK COMMENCING
15/04/2024 06/05/2024 27/05/2024 17/06/2024 08/07/2024

BREAK & LUNCH TIME HOT DELI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
POWER BITES				
Rice n Peas R08974	Piri Piri Glazed Bread Sticks R08885	Sweet Chilli Noodles R08807	Pasta Arrabiata R09097	Manager's Special
SOUP				
Chef's Homemade Soup	Mexican Red Pepper & Tomato R06178	Chef's Homemade Soup	Caribbean Sweet Potato Soup R09065	Chef's Homemade Soup
HOT BLUE DOT				
Daily Special Blue Dot, Choose 1 from the PVR	Daily Special Blue Dot, Choose 1 from the PVR	Daily Special Blue Dot, Choose 1 from the PVR	Daily Special Blue Dot, Choose 1 from the PVR	Daily Special Blue Dot, Choose 1 from the PVR
NATURALLY HOT				
Fork Friendly Falafel Kebab R09075	Smoked Tofu and Caponata Burger R09072	Seeded Vegan Sausage Roll R09076	Onion Bhaji Skewer with Bombay Potatoes R09073	Manager's Special
FROM THE OVEN - BREAK ONLY				
Mozzarella & Tomato Pizza Ham, Cheese & Tomato Pizza R07564/ R07565/ R07568/ R01929/ R01933/ R01964	Sticky Chinese Chicken Wings R08855/ R08856	Mozzarella & Tomato Pizza Pepperoni, Cheese & Tomato Pizza R07564/ R07566/ R07569/ R01929/ R01930/ R05906	Indian Appetizer Pot R09077	Mozzarella & Tomato Pizza BBQ Chicken Pizza R07564/ R07570/ R07567/ R01929/ R09165/ R09166
MEAT AND VEGETABLE PANINIS – MINIMUM OF 1 FLAVOUR FOR BREAK & LUNCH				
Pizza Melt or Just Cheese R09067/ R09068/ R09136/ R09137 and Ham & Cheese or Vegan Roast Vegetable R01852/ R09148/ R09149/ R09150/ R09155/ R09156	Pizza Melt or Just Cheese R09067/ R09068/ R09136/ R09137 and BBQ Bean or BBQ Sausage R05652/ R09157/ R09158/ R09159/ R09160/ R09161	Pizza Melt or Just Cheese R09067/ R09068/ R09136/ R09137 and Chicken Tikka or BBQ Pepperoni R09144/ R09146/ R09147/ R06212/ R06219 / R09142/ R09143	Pizza Melt or Just Cheese R09067/ R09068/ R09136/ R09137 and Pepperoni or BBQ chicken R09138/ R09141/ R09139/ R09140/ R09151/ R09152/ R09153	Pizza Melt or Just Cheese R09067/ R09068/ R09136/ R09137 and Manager's Special

FIRM FAVOURITES – MINIMUM OF 2 DAILY CHOSEN FROM THE PVR

WEEK COMMENCING
15/04/2024 06/05/2024 27/05/2024 17/06/2024 08/07/2024

LUNCHTIME HOT DELI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE				
Kung Pao Chicken, Wholegrain & White Egg Fried Rice R07611 / R07649	Beef & Tomato Ragout with Wholegrain Pasta & House Salad R08969 / R09106	Roast Shoulder of Pork or Salt & Pepper Roast Chicken, Crackling, Crisp Roasties, Seasonal Veg and House Gravy R08947 / R09111	Chicken Bhuna with Pilau rice and Homemade Raita R08963 / R08990	Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce. R06316/ R06317/ R07677/ R07674/ R07679
MAIN COURSE VEGETARIAN				
Sweet and Sour Vegetables with Wholegrain & White Egg Fried Rice R08899	Plant Based Ragout with Wholegrain Pasta & House Salad R07261	Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetables R08968	Paneer & Chickpea Korma with Pilau rice and Homemade raita R08966	Jamaican Squash Pasty with Sweet Chilli Sauce and Chunky Chips R08972
DESSERT OF THE DAY				
Pineapple Upside Down Cake R08951	Warm Blueberry Sponge R08923	Dropped Pancake Bar R08156	Apple & Mixed Berry Crumble with Vanilla Sauce R07615	Manager's Special
STREET VIBES – LUNCH ONLY				
Chinese Style Vegan Noodles R08058	Chipotle Chicken Chimichanga R08598 / R08991	Loaded Mediterranean Street Cart Wedges R08889	Thai Fried Rice R08890	Manager's Special
HOT PASTA POT – BREAK & LUNCH				
Tomato & Basil Pasta Pot R06279 / R06280	Creamy Pesto Pasta Pot R08997/ R08999	Tomato & Basil Pasta Pot R06279 / R06280	Pasta in Cheese Sauce R06286 / R06287	Tomato & Basil Pasta Pot R06279 / R06280