



WOODBIDGE HIGH SCHOOL

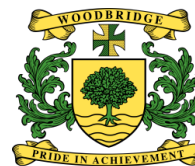
Life Studies Overview

2023-24

Years 7-11

Woodbridge High School Curriculum Overview

Year 7 – Life Studies



	Curriculum Content	Suggested Reading or Extension Activities
Term 1 (Sept-Dec)	<ul style="list-style-type: none"> • The Woodbridge Way • Friendships & Respect • Bullying and Cyberbullying • Online Safety (digital footprint & unrealistic expectations) • Discrimination & Stereotyping • Different Families & Parenting • Body Autonomy • Homelessness 	Students should discuss the issues raised during Life Studies with peers, parents and teachers. Discussion and debate are the best way to extend their learning.
Term 2 (Jan-March)	<ul style="list-style-type: none"> • Puberty & Menstruation • Rule of law & Critical questioning • Drugs & Criminal Exploitation • Gangs & Knife Crime • Radicalisation & Extremism 	
Term 3 (April-July)	<ul style="list-style-type: none"> • Healthy Lifestyle (sleep and healthy eating) • Basic First Aid • Happiness, Wellbeing & Mental Health • Community & Volunteering • Diversity & the Law • Careers • Environment 	

Examples of Home Learning Tasks	Home Learning tasks are only occasionally set for Life Studies, this will include a termly assessment quiz set through our online platforms. Lessons consist of discussion and debate, with written tasks in booklets.
Assessment Tasks, Methods & Frequency	Students will complete tasks in booklets allowing for continuous assessment through teacher observation. Students will be set a half-termly quiz on Firefly.
Equipment That Students Need	Pens, pencils.

Parents / Carers can help their child by:	<ul style="list-style-type: none"> • Discussing and debating the issues raised. • Encouraging students to find out more. • Watching documentaries with their children
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Who Can I Contact?	Teacher in Charge of Life Studies	Ms Wardle	
	Teachers of Y7 Life Studies	Ms Annee Mrs Brock-Carey Mr DeFreitas-Archer Mr Esop Mr Hogan	Ms Holland Ms Khudeza Mr Peethamparam

There is no Sex Education content within Year 7.

For more information about Life Studies and RSHE please visit the school website.

<https://www.woodbridgehigh.co.uk/page/?title=SMSC%2C+RSHE+%26amp%3B+British+Values&pid=150>

Woodbridge High School Curriculum Overview

Year 8 – Life Studies



	Curriculum Content	Suggested Reading or Extension Activities
Term 1 (Sept-Dec)	<ul style="list-style-type: none"> Online safety (dealing with inappropriate content) Privacy & Personal boundaries (incl. age of consent) * Recognising unhealthy relationships * Marriage & the law How media & social media influence relationships Radicalisation, extremism and criminal exploitation Environment 	Students should discuss the issues raised during Life Studies with peers, parents and teachers. Discussion and debate are the best way to extend their learning.
Term 2 (Jan-March)	<ul style="list-style-type: none"> Trustworthy Sources Rights & Respect Impact of alcohol and drugs (including vaping) Careers (skills, rights, and early options) 	
Term 3 (April-July)	<ul style="list-style-type: none"> Healthy Lifestyle (personal and oral hygiene) Lifesaving 1st Aid Skills Mental Health & Wellbeing Empathy and dealing with loss & grief Respect & Equality (including protected characteristics of the Equality Act) Money and banking Refugees 	

Examples of Home Learning Tasks	Home Learning tasks are only occasionally set for Life Studies, this will include a termly assessment quiz. Lessons consist of discussion and debate, with written tasks in booklets.
Assessment Tasks, Methods & Frequency	Students will complete tasks in booklets allowing for continuous assessment through teacher observation. Students will be set a half-termly quiz on Firefly.
Equipment Which Students Need	Pens, pencils.

Parents / Carers can help their child by:	<ul style="list-style-type: none"> Discussing and debating the issues raised. Encouraging students to find out more. Watching documentaries with their children
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Who Can I Contact?	Teacher in Charge of Life Studies	Ms Wardle	
	Teachers of Y8 Life Studies	Mrs Brock-Carey Ms Joomun Mr Peethamparam Ms Roberts	Mr Shaw Ms Verma Ms Wardle

Topics marked with a * are the Sex Education content.

For more information about Life Studies and RSHE, including the right to withdraw your child from sex education, please visit the school website.

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Woodbridge High School Curriculum Overview

Year 9 – Life Studies



	Curriculum Content	Suggested Reading or Extension Activities
Term 1 (Sept-Dec)	<ul style="list-style-type: none"> Respectful relationships vs Bullying & peer pressure Online safety and how to report issues Child criminal exploitation (including gangs) Child sexual exploitation Careers & GCSE Options Drugs, alcohol and legal highs (including vaping) 	Students should discuss the issues raised during Life Studies with peers, parents and teachers. Discussion and debate are the best way to extend their learning.
Term 2 (Jan-March)	<ul style="list-style-type: none"> Intimate relationships and the factors that influence * Consent & readiness vs harmful & unsafe relationships * Contraception & reproductive health * Sexually transmitted infections * Harmful sexual behaviour (sexual harassment vs sexual assault) 	
Term 3 (April-July)	<ul style="list-style-type: none"> FGM and the law Medical decisions – immunisation, law on donations Mental Health and the Mental Health Act Different learning difficulties Environment Stereotypes & the Equality Act – equality vs equity Parliament & Democracy in the UK 	

Examples of Home Learning Tasks	Home Learning tasks are only occasionally set for Life Studies, this will include a termly assessment quiz. Lessons consist of discussion and debate, with written tasks in booklets.
Assessment Tasks, Methods & Frequency	Students will complete tasks in booklets allowing for continuous assessment through teacher observation. Students will be set a half-termly quiz on Firefly.
Equipment Which Students Need	Pens, pencils.

Parents / Carers can help their child by:	<ul style="list-style-type: none"> Discussing and debating the issues raised. Encouraging students to find out more. Watching documentaries with their children
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Who Can I Contact?	Teacher in Charge of Life Studies	Ms Wardle	
	Teachers of Y9 Life Studies	Mr Barnett Mr DeFreitas-Archer Ms Evans Ms Holland Mr Lupton	Ms McNamee-Obi Mr Shaw Ms Tabb Ms Wardle

Topics marked with a * are the Sex Education content.

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Woodbridge High School Curriculum Overview

Year 10 – Life Studies



	Curriculum Content	Suggested Reading or Extension Activities
Term 1 (Sept-Dec)	<ul style="list-style-type: none"> Unifrog launch for careers Positive relationship values and expectations * Consent, peer pressure & sexual safety * Sexual health clinics and how to access help * Teen pregnancy (including fostering, adoption and abortion) & young parenthood * Regular health checks and self-examination Online safety (including online sexual harassment) Pornography and unrealistic expectations (incl. the law) 	Students should discuss the issues raised during Life Studies with peers, parents and teachers. Discussion and debate are the best way to extend their learning.
Term 2 (Jan-March)	<ul style="list-style-type: none"> Drugs & addiction Gangs & exploitation Radicalisation Equality & Diversity Human rights law 	
Term 3 (April-July)	<ul style="list-style-type: none"> Environment Mental health, mindset & wellbeing Careers – incl. interview practice, writing CVs, gaining employment skills, post-16 options Budgeting – using spreadsheets to help 	

Examples of Home Learning Tasks	Home Learning tasks are only occasionally set for Life Studies, this will include a termly assessment quiz. Lessons consist of discussion and debate, with written tasks in booklets.
Assessment Tasks, Methods & Frequency	Students will complete tasks in booklets allowing for continuous assessment through teacher observation. Students will be set a half-termly quiz on Firefly.
Equipment Which Students Need	Pens, pencils.

Parents / Carers can help their child by:	<ul style="list-style-type: none"> Discussing and debating the issues raised. Encouraging students to find out more. Watching documentaries with their children
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Who Can I Contact?	Teacher in Charge of Life Studies	Ms Wardle	
	Teachers of Y10 Life Studies	Ms Annee Mr Barnett Mr DeFreitas-Archer Ms Evans Mr Hogan	Ms Holland Ms McNamee-Obi Mr Shaw Ms Tann Ms Wardle

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Woodbridge High School Curriculum Overview

Year 11 – Life Studies



	Curriculum Content	Suggested Reading or Extension Activities
Term 1 (Sept-Dec)	<ul style="list-style-type: none"> Careers Exploring Post 16 & 6th Form Options Mental health & wellbeing Gangs and the impact of illegal acts on those involved Money & Budgeting Environment 	Students should discuss the issues raised during Life Studies with peers, parents and teachers. Discussion and debate are the best way to extend their learning.
Term 2 (Jan-March)	<ul style="list-style-type: none"> Consent, Contraception & STIs * Abusive relationships and how to get help * Fertility challenges & the impact on mental health * Bullying beyond school, hate crimes and the Equality Act Drugs, Alcohol and Legal Highs 	
Term 3 (April-July)	<ul style="list-style-type: none"> Voting & Democracies Mental health & wellbeing in preparation for exams 	

Examples of Home Learning Tasks	Home Learning tasks are only occasionally set for Life Studies, this will include a termly assessment quiz. Lessons consist of discussion and debate, with written tasks in booklets.
Assessment Tasks, Methods & Frequency	Students will complete tasks in booklets allowing for continuous assessment through teacher observation. Students will be set a half-termly quiz on Firefly.
Equipment Which Students Need	Pens, pencils.

Parents / Carers can help their child by:	<ul style="list-style-type: none"> Discussing and debating the issues raised. Encouraging students to find out more. Watching documentaries with their children
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Who Can I Contact?	Teacher in Charge of Life Studies	Ms Wardle	
	Teachers of Y11 Life Studies	Mr Clifton Mr DeFreitas-Archer Ms Holder Ms McNamee-Obi	Ms Moore Ms Roberts Ms Wardle

Topics marked with a * are the Sex Education content.

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