



RSHE coverage within the Sixth Form

Aspects of the RSHE curriculum are incorporated into the Sixth Form Character Programme for students in Years 12 and 13.

Overview

The Sixth Form Character Programme will be delivered through various pastoral sessions:

- Daily registration sessions with form tutors
 - Mondays - Study Skills
 - Tuesdays - Assembly
 - Wednesdays - Health, Wellbeing and relationships
 - Thursdays - Culture, citizenship and wider knowledge
 - Fridays - Post-18 Pathways: University, Apprenticeships and Careers
- Fortnightly form period - study skills, post-18 pathways and living in the wider world
- Fortnightly enrichment sessions
- Termly 'drop down' days with external providers

RSHE coverage:

Health and Wellbeing - *delivered through Wed morning registration sessions 8.35-8.55 throughout the year.*

- Self concept
- Mental and emotional health
- Healthy lifestyles
- Personal safety
- Sexual health
- Drugs, alcohol and tobacco

Wellbeing seminars once a term for each year group delivered by the Wellbeing Team.

Relationships - *delivered through Wed morning registration sessions 8.35-8.55 throughout the year.*

- Relationship values
- Forming and maintaining respectful relationships
- Consent
- Gender-based violence
- Pornography and the law
- Bullying, abuse and discrimination

Session on Consent, women's safety, Gender-based Violence and Pornography to be provided by an external agency - all students will be taken off timetable for this; 2nd half of spring term – TBC.

Wellbeing seminars once a term for each year group delivered by the Wellbeing Team.

Living in the wider world - *delivered through Thu and Fri morning registration sessions 8.35-8.55 throughout the year.*

- Finance – tax and budgeting
- Media literacy and digital resilience
- Employment and rights

Also covered in Enrichment and Form Period

Additional 6th form Character Programme themes:

- **Culture, citizenship and wider general knowledge** - *delivered through Thu morning registration sessions throughout the year*
- **Post-18 Pathways and Careers** - *delivered through Fri morning registration sessions throughout the year. Also through Form Period and Enrichment*
- **Study Skills** - *delivered through Mon morning registration sessions throughout the year. Also through Form Period. Additional session on study skills provided by an external agency first week of September term - TBC.*