



The Woodbridge Way: Year 7 Character Programme

Date	Tutor Time Activity Theme: Starting as we mean to go on	Assembly Themes	LH2L Theme Organisation	Life Studies Theme
Autumn Half Term 1 2020				
Week 1	1. Expectations 2. Settling In	Welcome	Settling In	Behaviour for learning
Week 2	1. We are Woodbridge 2. Looking after each other	Kindness		
Week 3	1. Small Steps 2. Big Goals	Be Nice	We are Woodbridge	
Week 4	1. Kindness to Others 2. Kindness to Ourselves	Opportunities		
Week 5	1. Importance of responsibility 2. Taking responsibility	Black History Month	Prioritising	
Week 6	1. To my future self 2. What do I want?	SH Assembly		
Week 7	1. Out of this world (online safety) 2. Out of this world (online safety)	World Food Day	Time Management	

Date	Tutor Time Activity Theme: Starting as we mean to go on	Assembly Themes	LH2L Theme: Note Taking	Life Studies Theme
Autumn Half Term 2 2020				
Week 1	1. Setting an Example 2. Being Led Astray	Settling In	Locating Information	SRE
Week 2	1. Bullies 2. Bystanders	Y11 Mocks – No assembly		
Week 3	1. Doing the right thing 2. What is the right thing?	Y11 Mocks – No assembly	Summarising	
Week 4	1. Motivating ourselves 2. Motivating others	Anti-Bullying		
Week 5	1. Positive attitudes 2. Thank you Y6 Teacher	Online...	Highlighting	
Week 6	1. Falling or flying 2. What is failure	SH Assembly		
Week 7	1. Reliance 2. Self-Belief	Human Rights	Research	
Week 8	1. Perspective at Christmas 2. Humility	Celebrations		

Date	Tutor Time Activity Theme: Making Good Decisions	Assembly Themes	LH2L Theme: Understanding Command Words	Life Studies Theme
Spring Half Term 1 2021				
Week 1	1. what decisions do we make 2. Consequences	Welcome to the Grind	Word Up	Careers
Week 2	1. Impulsive decisions 2. Emotions and decisions	Resilience		
Week 3	1. Peer Pressure 2. Confidence – the person I want to be	Confidence	Not all words are created equal	
Week 4	1. Indecisiveness 2. Walking Away	SH Assembly		
Week 5	1. Decisions with dignity (fashion) 2. ‘Like’ (online decisions)	Internet Safety	Are you Starting on Me?	
Week 6	1. Small actions 2. Big reactions	Impacts of our decisions		

Date	Tutor Time Activity Theme: Staying Safe	Assembly Themes	LH2L Theme: Revision Techniques	Life Studies Theme
Spring Half Term 2 2021				
Week 1	1. Our Values 2. Looking Ahead	Our progress so far	Let's Revise	Rights and Responsibility
Week 2	1. Emergencies 2. CPR	International Womens Day		
Week 3	1. Bleeding 2. Basic FIRST AID	Pi Day	Revision Tactics	
Week 4	1. Sexism 2. Homophobia	Getting the most out of me		
Week 5	1. Xenophobia 2. Racism	VE Day	Revision Techniques	
Week 6	1. Beyond our school gates 2. Perception of Youth	Celebrations		

Date	Tutor Time Activity Theme: Celebrating Our Differences	Assembly Themes	LH2L Theme: Dealing with Stress	Life Studies Theme
Summer Half Term 1 2021				
Week 1	1. What is diversity? 2. Why is it so important to our community?	Hard Work!	Stress	Rights and Responsibility
Week 2	1. 1 in a million 2. Being Unique	Exams – No Assembly		
Week 3	1. Looking after myself 2. Looking after each other	Exams – No Assembly	Dealing with Stress	
Week 4	1. All that we share 2. Making the most of our skills	Exams – No Assembly		
Week 5	1. What is normal? 2. PPnt (Bank Holiday)	Exams – No Assembly	Stress Anxiety and Depression	

Date	Tutor Time Activity Theme: Expressing Ourselves Effectively	Assembly Themes	LH2L Theme: Reflection	Life Studies Theme
Summer Half Term 2 2021				
Week 1	1. Dealing with success 2. Dealing with failure	Exams – No Assembly	Reflecting on my transition	Rights and Responsibility
Week 2	1. What your vocabulary says about you. 2. Sound Smarter	Exams – No Assembly		
Week 3	1. Frustration 2. Attitude	Exams – No Assembly	Reflecting on my behaviour	
Week 4	1. Psychology of Success 2. Reflecting on y7	Exams – No Assembly		
Week 5	1.setting Goals 2.Summer Safety	Diversity Week	Next Steps	
Week 6	1. Advise for the new y7s. 2. Advise for the new y7s.	SH Assembly		
Week 7	1. Plans for Next Year 2. Endings and Beginnings	Celebration – Moving Forward	Who am I?	