

WEEKLY

MENU

Woodbridge High School - Week 1



Monday

Tuesday

Wednesday

Thursday

Friday

Warm Thai Beef Rice
Noodle Salad

Spanish Pork "Pinchos
Morunos" with Patatas
Alinadas

Chicken & Dill Souvlaki
served with Cucumber
Yoghurt Dressing

Filipino Turkey Embutido
served with Vegetable
Rice

Battered Pollock served
with Chips

American BBQ Chicken
with Cajun New Potatoes

Spiced Turkey Burger
served with Harrissa
Potato Wedges

South African Lamb
Bobotie Pie served with
Turmeric Scented Rice

Romanian Pork "Sarmale"
served with New Potatoes

Grilled Pollock served with
Chips

Crispy Soya & Aubergine
with Lentil Tabbouleh and
Yoghurt Dressing

Indian Litti Chokha served
with Summer Salad

Mexican Quorn Mince Taco
with a Red Onion, Tomato
& Pomegranate Salad

Vegetarian Soya, Mixed
Bean & Butternut Squash
Burritos

Peppered Mackerel served
with Chips

Seasonal Vegetables of
the Day OR Mixed Salad

Seasonal Vegetables of
the Day OR Mixed Salad

Seasonal Vegetables of
the Day OR Mixed Salad

Seasonal Vegetables of
the Day OR Mixed Salad

Garden Peas OR Baked
Beans

Jacket Potato & Toppings
of the Day

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of the Day

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of the Day

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of the Day

Vegetarian Stir Fried
Noodles

"German Rote Grutze" OR
Fresh Fruit Bowl

Pumpkin & Cranberry
Cheesecake OR Fresh Fruit
Bowl

Summer Berry Trifle OR
Fresh Fruit Bowl

Spanish Orange Cake OR
Fresh Fruit Bowl

Vegetarian Jelly with
Mandarin Segments OR
Fresh Fruit Salad

Available daily

Freshly Made: Sandwiches, Baguettes, Wraps, Salad Boxes, Panini, Fresh Fruit Salad Pots, Yoghurt Pots & Dessert Pots, Selection of Cold & Hot Beverages



WEEKLY

MENU

Woodbridge High School - Week 2



Monday

Tuesday

Wednesday

Thursday

Friday

Indonesian Beef Rendang served with Naan Bread

South American Chicken with Chimichurn Sauce & Quinoa Salad

Singaporean Turkey Noodles

Baho Beef with Roast Potatoes & Repollo Slaw

Battered Pollock served with Chips

American Cajun Creole Chicken Jambalaya

North Carolina Pulled Pork with Slaw

Jamaican Lamb Curry with Rice & Peas

Mexican Shredded Pork Tortilla & Salsa Playera de Lujo

Grilled Pollock served with Chips

Haitian Quorn Griot with Herb Roasted New Potatoes

Italian Ricotta & Spinach Parcel with Confetti Salad

Columbian Stuffed Vegetarian Balls with Aji Sauce

Indian Vegetable Samosa with Cucumber Raita

Peppered Mackerel served with Chips

Seasonal Vegetables of the Day OR Mixed Salad

Seasonal Vegetables of the Day OR Mixed Salad

Seasonal Vegetables of the Day OR Mixed Salad

Seasonal Vegetables of the Day OR Mixed salad

Garden Peas OR Baked Beans

Jacket Potato & Toppings of the Day

Jacket Potato & Toppings of the Day

Jacket Potato & Toppings of the Day

Jacket Potato & Toppings of the Day

Vegetarian Stir Fry Noodles

Zucchini Sandwich Cookies

Chocolate & Eggplant Cake with Fresh Cream

Frozen Yoghurt with Fruit Coulis

Raspberry & Beet Cake with Frosting

Vegetarian Jelly with Mandarin Segments OR Fresh Fruit Salad

Available daily

Freshly Made: Sandwiches, Baguettes, Wraps, Salad Boxes, Panini, Fresh Fruit Salad Pots, Yoghurt Pots & Dessert Pots, Selection of Cold & Hot Beverages