



**Woodbridge High School
Enrichment programme
2016-2017**





Woodbridge High School Enrichment programme

Mission Statement: To equip students with a breadth of skills so they can compete successfully in the global employment market

The enrichment programme aims to offer students an opportunity to engage in activities beyond the confines of the examined curriculum.

Enrichment takes place every Wednesday, week 1, period 1. It is a timetabled lesson and compulsory for all students to attend.

The programme is designed to enhance the students' curriculum by introducing students to a variety of experiences.

As part of the sixth form wider curriculum, the Enrichment programme aims to incorporate:

- Careers advice and guidance
- A focus on British values and Safeguarding
- Study Skills
- Spiritual, Moral, Social and Cultural links

As part of the programme we invite a wide variety of guest speakers to offer students an insight into other lives, their journey and to inspire and raise aspirations. Previous speakers have included:

- Richard McCann (Richard's mother was the victim of the Yorkshire Ripper)
- Jeremy Nicholas (BBC Broadcaster and voice of FIFA games)
- Nigel Vardy (Mountaineer and the first British Climber to complete the 7 Peaks x 7 Islands Challenge)
- Roland Rudd (Financial times Journalist)
- Andrew Bernard (founder of Innovative enterprise who spoke of how he overcame Testicular cancer)

September 7th 2016

Welcome to WHS Sixth Form!

NEWSFLASH...

BEST EVER A LEVEL RESULTS!



TWO PLACES AT CAMBRIDGE!



56% A*-B GRADES!



A*-C GRADES HOW DO WE COMPARE?	
<u>WOODBRIDGE</u>	84%
SEVEN KINGS	84%
VALENTINES	83%
BEAL	77%
KING SOLOMON	75%
FOREST ACADEMY	73%

TOP 10% IN THE COUNTRY FOR VALUE ADDED!

PRIDE OF WOODBRIDGE - WELL DONE!



A warm welcome to the sixth form by Mrs Iyengar (Head of Sixth Form), an overview of the Enrichment programme with Mrs Khudeza (Deputy Head of Sixth Form) and a celebration of this year's results with Mr Bhullar (Assistant Head).





September 21st 2016

Guest Speaker: Inspired by Sports Programme - Jeffery Nkrumah- Olympic athletics coach

Jeffery Nkrumah's (Mr Inspired's) journey started in 1997, as an athlete, and moved onto becoming an elite track and field coach in 2005. He has worked with over 15 Olympians in track and field, ranging in sprints, to the sprint hurdles and long jump, and a multitude of high calibre athletes in their preparation of their physical and physiological make up of achieving their goals. This includes the 2014 European 200m champion; World Junior Champion in 2012 and the 100th person to run sub 10 seconds in the 100 meters in 2015 (**Adam Gemili**). This also includes the Olympic finalist in 2008 and the only British female to make the 100-meter final in over 33 years and the female 60m British record holder (**Jeanette Kwakye**).

Explore how sports can help your overall wellbeing and how it can help achieve your targets....



October 5th 2016

**An Introduction to the UK
political system**

Speaker: Mr Shaw



Conservative or Liberal?

Left or Right?

How can you have a new PM without an election?

What are PMQs?

What about the Queen?

Confused about Politics?



October 19th 2016

**Question Time with Wes Streeting
(Labour MP, Ilford North)**



A focus on democracy, his career in politics and an opportunity to put your questions to him



November 9th 2016

Radicalisation

Guest Speaker: Mrs W Begum

British values define our nation

- Democracy
Voting and participation in the democracy process.
- Tolerance
Different faiths and beliefs for all.
- Mutual Respect
Values education, respect for all and good citizen.



- The Rule of Law
laws and procedures apply equality to all citizens.



- Individual liberty
Support and Respect for all.



What is radicalisation?

How are people radicalised?

A discussion on the events facing the world today regarding radicalisation.

November 23rd 2016

Drugs Awareness

**Guest Speaker: Ms Swain
(School Nurse and Fusion)**

This session aims to:

- Provide up to date information about drugs and alcohol
 - Dispel myths about drugs and their use
- Provide information and communicate the dangers of legal highs
- Provide information about support available and who students can approach for help.



December 7th 2016

Developing the iCan Attitude

Guest Speaker: Richard McCann

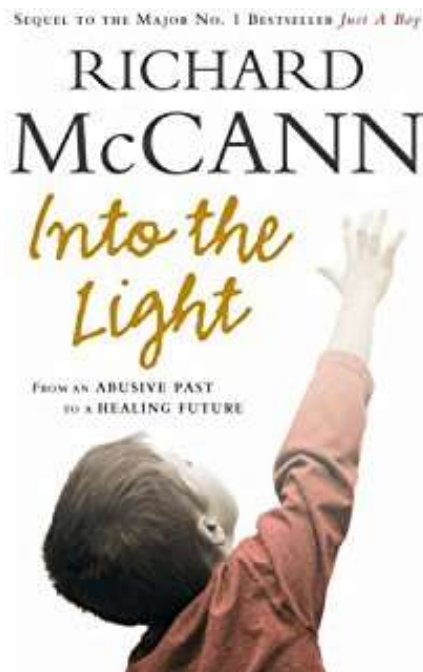
No one ever said that life would be easy, and Richard McCann knows a thing or two about adversity.

On a cold and misty morning in October 1975, Richard, aged 5 woke up to discover that his mother was gone. She was the first victim of the notorious Yorkshire Ripper, Peter Sutcliffe.

His first reaction, even at such an early age, was to think about how he could improve his situation. He couldn't bring his mother back but he could decide how to look differently at what life had thrown at him.

Richard will talk about the series of steps that took Richard from where he was as a frightened 5 year old, to the powerful and inspirational speaker he is today.

Focussing on the key strategies that helped him to grow beyond just surviving and create the life he wanted, Richard is guaranteed to help you develop the iCan approach. Not only does Richard live and breathe the iCan philosophy, but he has helped thousands of people in the business, corporate, community and education worlds to change the way their people think – and act.



January 18th 2017

Year 12

Guest Speaker:

Erwin James

**Guardian Columnist/author/Prison
reform campaigner**



**Learn about Erwin's personal story of a life
behind bars, social justice, prison reform,
literacy and writing careers and making moral
choices**

January 18th 2017

Year 13



Student Finance

Thinking about University?

Worried you'll leave with a mountain of debt?

Think you can't afford to study outside of London?

This session will tackle all your questions about student finance and guide you through the options that are available to you.





February 1st 2017

Year 12:

**Guest Speaker: Dr Carol
Black- Principal of Newnham
College Cambridge**

A focus on female aspirations in education and the world of work, Universities and alternative pathways, careers in medicine, personal resilience and aspiration.



Year 13:

UCAS OFFERS- Making Decisions

UCAS

Tutorial to discuss offers and making decisions about Firm and Insurance choices.

February 22nd 2017



Guest Speaker:
Andrew Bernard

So here's what happened: in 1988 I got cancer, testicular cancer to be exact. I had a 'Lance Armstrong'. My right testicle was removed, I had loads of horrible drugs and treatment and learned to live with a bald head, no eyebrows and the ability to throw up at will!

This is my story, what happened beforehand, what happened during the treatment, what's happened afterwards and why it's ok to talk about balls.

Andrew Bernard is also the founder and Director of Innovative Enterprise which works to develop the Enterprise and Life skills of young people and adults all over the UK.

March 22nd 2017



Guest Speaker: Nigel Vardy

Mr Frostbite. He'll take your breath away



Nigel Vardy is an English mountaineer, motivational and leadership speaker, and the author of the books *Once Bitten* and *Seven Peaks – Seven Islands*. He suffered severe frostbite on Mt. McKinley in Alaska in May 1999 and his injuries led to the amputation of his toes, fingers and nose. He also required reconstructive facial surgery. His helicopter rescue from over 19,000 feet (5,800 m) was stated as the highest in North American history at the time. Months of recovery followed his accident, but he has returned to climbing and explored mountains across the world.



April 19th 2017

Guest Speaker: Andy Barrow



Paralympian and inspirational speaker

Andy Barrow draws on his experience as a Triple Paralympian, three-time European gold medallist and former captain of the Great Britain wheelchair rugby team, to inspire and motivate audiences across the world.

Andy believes that:

- Success is achieved through hard work and perseverance**
- It is possible to triumph over adversity, and take positives from everything in life**
- Everyone has the qualities they need to be the best they can be, but nothing will change unless you change it**
- You should only do the things that make you happy, give 100% to whatever you do, and take opportunities as they arise.**

May 3rd 2017



Guest Speaker: Lee Jackson

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‘How you can be the best you can be...’ a.k.a ‘How to enjoy school and college’ a.k.a **“How To Be Sick At School”** is a motivational keynote talk and/or workshop on what successful people have in common and how young people can apply those principles today in school/college.

Lee has worked in education for over eighteen years. He has learnt over this time what makes young people tick and how we can inspire them to achieve more. Getting the best out of people has dominated his career, experience and study; and is at the core of all he does.

July 5th 2017

Year 12

UCAS Registration



Focus: Find out about the different pathways available for students. Register onto UCAS and start the University application process.



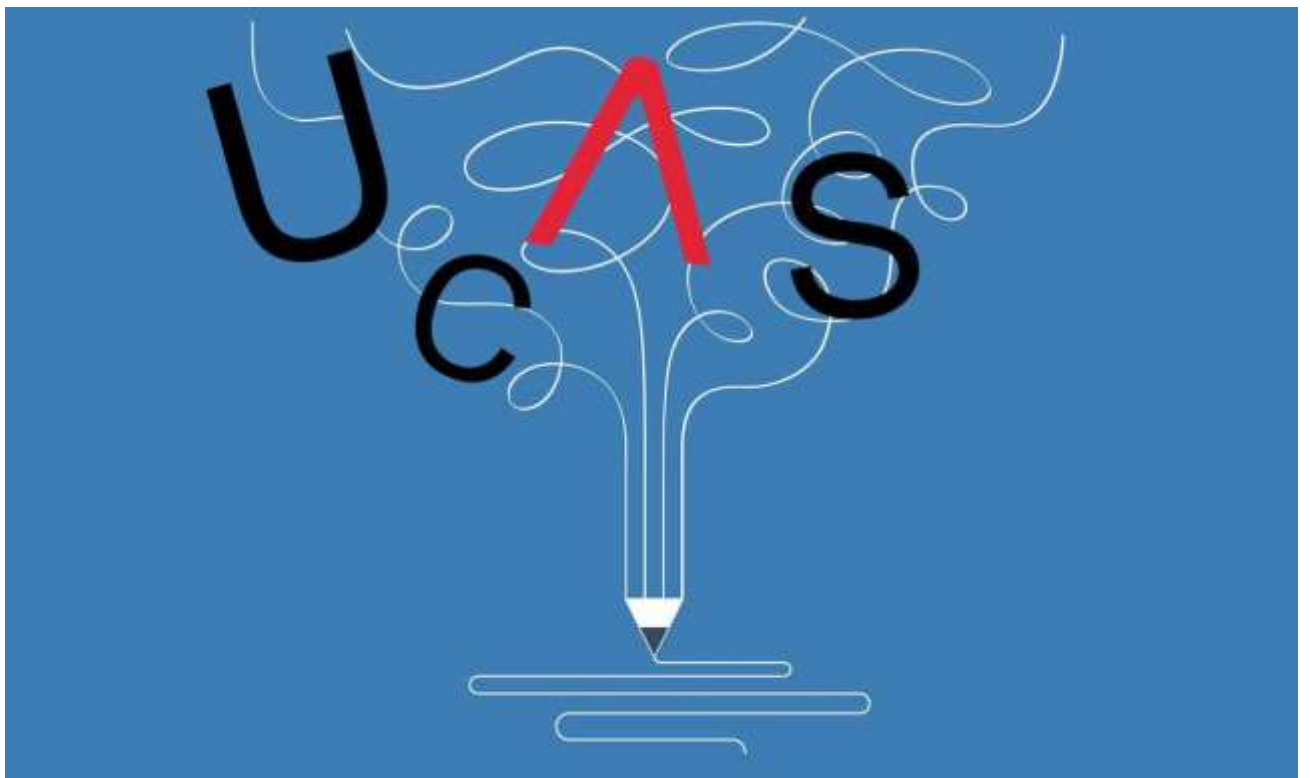
July 19th 2017

Year 12

Personal Statement workshop

Focus: Step by step guide on how to write a personal statement for University applications.

Common mistakes, what not to include and how to make your personal statement stand out to admissions tutors.



Previous Enrichment sessions..



News · World news · Snow

Himalayas blizzard: 5 Brits missing after huge snow storm engulfs Nepalese mountain trail

Oct 18, 2014 16:06 | By Jessica Best

A number of climbers from the UK are believed to be among 40 trekkers still unaccounted for, following the blizzard which left 39 dead

2 Shares

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Rescue effort: A helicopter arrives in the Himalayas as the search for survivors continues

There
protecting family life

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SYDNEY SIEGE
Sydney siege: Live updates as hostage being held in cafe



HOSTAGE
Belgium hostage: three arrested in



SurveyMonkey®

88%

Good/excellent

'I thought that the session was very engaging- it was more interesting than say, a random person coming in and telling us about life skills because he had clearly experienced a lot in his life and continued to succeed, which was fairly inspirational'

'Engaged very well with the audience, spoke thoroughly and clear on his extraordinary adventure, and provided great encouragement and key advice for life'

'Initially, I didn't see the point of the Enrichment Session or how a mountain climber had anything to do with equipping students with a breadth of skills in order to compete successfully in the global employment market, but after attending the session I was inspired by how determined Vardy was to climb the mountain in the first place and admired the way he was able to move on with his life despite his life changing experience'

' he pulled off his fingers when his nose fell off and he showed us the picture'

'I thought he was very inspirational and gave lots of great real life experience, his jokes were funny and he kept all of us engaged! (This is difficult to do for a bunch of teenagers) enrichment lessons are good when they keep the interest of the sixth form' :)



SurveyMonkey

October 8th 2014



Student Finance

Thinking about University?
Worried you'll leave with a mountain of debt?
Think you can't afford to study outside of London?

Did you find the session on Student Finance informed you about all the different finance options available to you when applying for University?

80%- YES



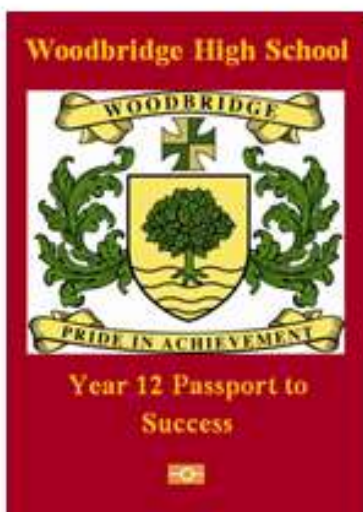
SurveyMonkey

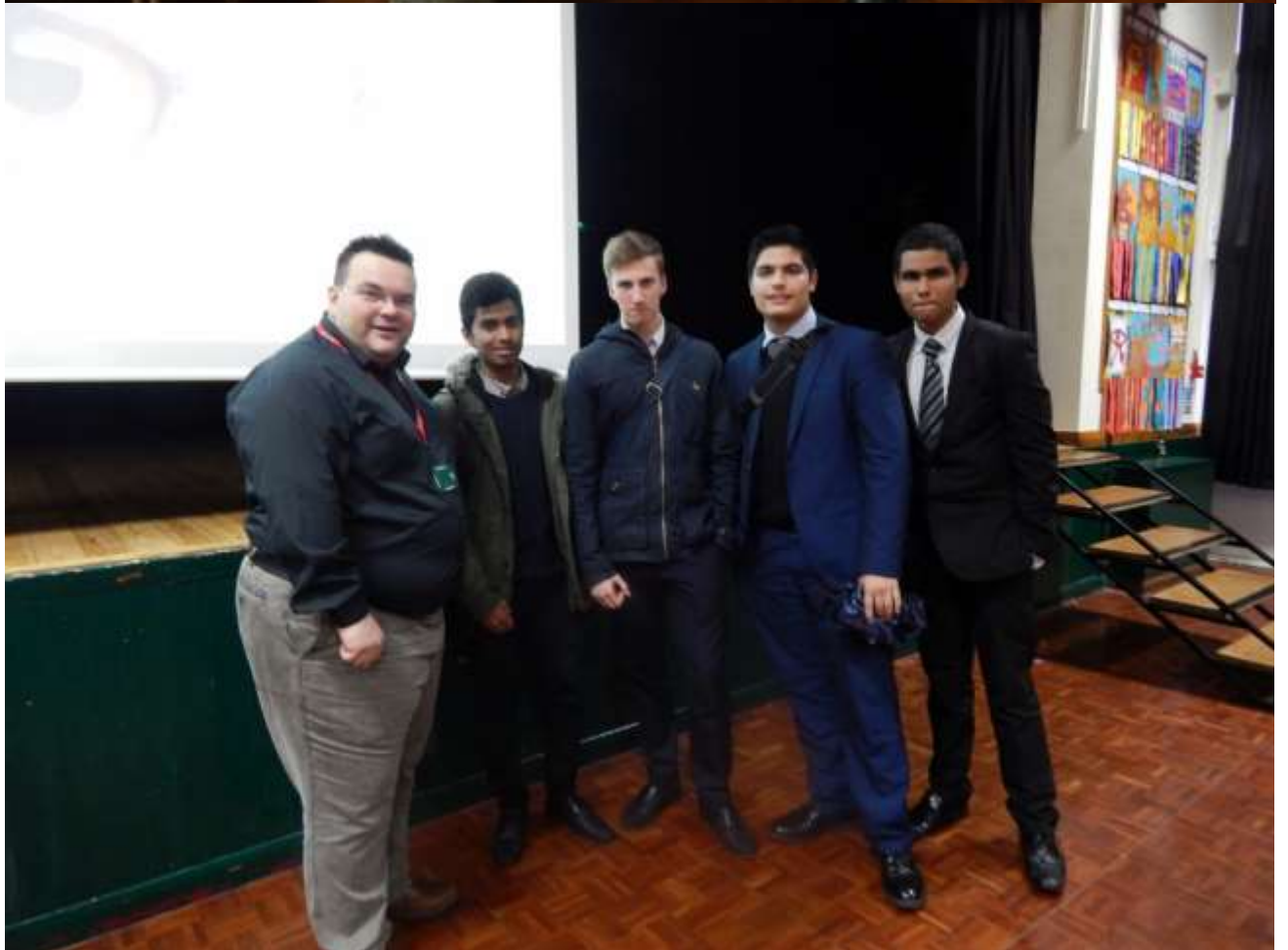
Did you find the enrichment session covering the Passport to Success informed you of what you need to do to prepare yourself for making applications (e.g. UCAS or work in y13) ?

84% - YES

As a result, have you started to make plans (enquired about work experience, voluntary work, got involved in School activities etc.) so you have experiences to log in your Passport to Success?

73%- YES







SurveyMonkey®

95% - Good/excellent

'Great speaker, definitely worth inviting back for next years year 12s'

'it was entertaining and fun. more people like this please.'

' I think that David was a really inspiring speaker and from know on I'm not going to let anybody tell me what to do because I make my own choices and I can do what I want to do I don't have to listen to other people'

'He also taught us not to judge people on what they look like, you need to get to know the person first'

'he should come back to give us a talk again before exam period!'

'I loved the talk so much David's personality and experience is amazing and he has really inspired me '



‘Found it as one of the few best enrichment sessions I've been at yet. It is great to have someone speak to the audience who is from a similar social background and so can relate to a lot of the audience. Also, it's nice to have a speaker come in like this who can be a source of inspiration prior to exams. ‘

‘I'd love to see him again he keep the atmosphere bright for those that were maybe feeling down. A* performance’

‘If I could rate it any higher I would, I really enjoyed enrichment, and I think everyone should have the chance to listen to him talk. I will try to release my inner 'RHINO' to strive for the things I want in life’



SurveyMonkey®

‘It was interesting to hear other people's opinions and have a mini debate through people commenting and opposing Roland's views’

‘Definitely felt like he was forcing his opinions upon us I don't feel his presentation captivated the attention of fellow peers. The question session was more interesting however he definitely posed a heavily one sided story’

‘He gave a good insight on the topic

‘The Q&A Session got very interesting and it was nice to see others get engaged in politics’



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**For further information about the sixth form
enrichment programme please speak to:**

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(Deputy Head of Sixth Form)
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